









## Oakridge HS & MS Lunch September 11-15, 2017

Secondary Lunches: \$2.70 Full Pay, \$.40 Reduced, Free (if qualified) \$.40 Milk					
Station	Monday	"Taco" Tuesday	Wednesday	Thursday	Friday
	Homestyle Beef & Bean Chili, Seasoned Potato Wedges, Cornbread, Roasted Cauliflower, Shredded Cheese	Beefy Taco Salad with Tortilla Chips, Cheese, Lettuce and Salsa, Refried Beans, Mexicali Corn	Creamy Chicken Alfredo over Rotini, Steamed Broccoli Florets, WG Breadstick, Grated Parmesan Cheese	Macaroni & Cheese, Diced Ham or Popcorn Shrimp, Seasoned Green Beans, WG Dinner Roll with Butter	General Tso's Chicken over Brown Rice, Oriental Blend Vegetables, Crunchy Asian Topping
	<b>Available Daily: Breaded Chicken Sandwich and Cheeseburger</b>				
	Turkey & Swiss Croissant	BBQ Cheddar Burger	Spicy Chicken Sandwich	Chicken Parmesan Sandwich	Breaded Fish Sandwich
	<b>Available Daily: Cheese and Pepperoni Pizzas</b>				
	Chicken Parmesan Pizza	Italian Sausage Pizza	Taco Pizza	Personal 6" Pizza	Hawaiian Pizza
	Available Daily: Assorted meats, cheeses & other proteins; whole grain sliced bread, whole grain wraps, and whole grain sub rolls; shredded romaine lettuce, sliced tomatoes, fresh spinach, fresh shredded carrots, fresh green and red pepper strips, fresh sliced mushrooms, fresh cucumbers, fresh sliced red onion, banana peppers & pickles				
	<b>Available Daily: Chef Salad with Ham, or Cheese, Grapes &amp; Cracker Combo, or Yogurt Parfait with Granola</b>				
	Chicken Caesar Salad	Grilled Chicken Salad	Chicken Popper Salad	Garden Salad with Cheese	Beefy Taco Salad
	Chicken Club Wrap	Chicken Caesar Wrap	Chicken Salad Croissant	Ham & Cheese Sub	Chipotle BBQ Chicken Wrap
	<b>Fresh Fruit &amp; Veggie Bar Available to All Students Taking a Meal</b>				
	Broccoli Florets Grape Tomatoes Fresh Whole Fruit Asst. Chilled Fruit	Chopped Romaine Cauliflower Florets Fresh Whole Fruit Asst. Chilled Fruit	Fresh Celery Sticks Bacon Pea Salad Fresh Whole Fruit Asst. Chilled Fruit	Grape Tomatoes Baby Carrots Fresh Whole Fruit Asst. Chilled Fruit	Baby Carrots Citrus Bean Salad Fresh Whole Fruit Asst. Chilled Fruit

Lunch Price: \$2.70 paid, \$.40 reduced\*, free\* (\*if qualified). A complete student meal includes choice of entree, up to three (3) vegetable side dishes, one (1) fruit side dish and choice of milk. Milk choices are fat free chocolate, fat free strawberry and skim white milk. Students not taking at least one serving of fruit or vegetable will be charged ala carte prices.

Questions or comments? Please call Kristie Long, Chartwells Director of Dining Services at (231) 788-7321 or email @ [klong@oakridgeschools.org](mailto:klong@oakridgeschools.org).

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