









## Oakridge HS & MS Lunch September 4-8, 2017

Secondary Lunches: \$2.70 Full Pay, \$.40 Reduced, Free (if qualified) \$.40 Milk					
Station	Monday	"Taco" Tuesday	Wednesday	Thursday	Friday
	LABOR DAY	Soft Shell Beef Tacos, Vegetarian Refried Beans, Steamed Broccoli, Shredded Lettuce & Cheese	Sweet & Sour Popcorn Chicken over Brown Rice, Seasoned Summer Squash, WG Breadstick	Roasted Turkey in Gravy over Mashed Potatoes, Fresh Baked Biscuit, Roasted Green Beans	Oven Roasted Chicken Drumstick, AuGratin Potatoes, Corn, WG Dinner Roll with Butter
	<b>Available Daily: Breaded Chicken Sandwich and Cheeseburger</b>				
		Grilled Chicken Bacon Club	Spicy Chicken Sandwich	Bacon Cheeseburger	Breaded Fish Sandwich
	<b>Available Daily: Cheese and Pepperoni Pizzas</b>				
		Meat Lovers Pizza	Italian Stromboli	BBQ Chicken Pizza	Baked Mozzarella Sticks with Sauce
	Available Daily: Assorted meats, cheeses & other proteins; whole grain sliced bread, whole grain wraps, and whole grain sub rolls; shredded romaine lettuce, sliced tomatoes, fresh spinach, fresh shredded carrots, fresh green and red pepper strips, fresh sliced mushrooms, fresh cucumbers, fresh sliced red onion, banana peppers & pickles				
	<b>Available Daily: Chef Salad with Ham, or Cheese, Grapes &amp; Cracker Combo, or Yogurt Parfait with Granola</b>				
		Grilled Chicken Salad	Chicken Popper Salad	Garden Salad with Cheese	Beefy Taco Salad
		Chicken Salsa Wrap	Santa Fe Turkey & Cheddar Wrap	Italian Hoagie	Chipotle BBQ Chicken Wrap
	<b>Fresh Fruit &amp; Veggie Bar Available to All Students Taking a Meal</b>				
		Chopped Romaine Cauliflower Florets Fresh Whole Fruit Asst. Chilled Fruit	Fresh Celery Sticks Bacon Pea Salad Fresh Whole Fruit Asst. Chilled Fruit	Grape Tomatoes Baby Carrots Fresh Whole Fruit Asst. Chilled Fruit	Baby Carrots Citrus Bean Salad Fresh Whole Fruit Asst. Chilled Fruit

Lunch Price: \$2.70 paid, \$.40 reduced\*, free\* (\*if qualified). A complete student meal includes choice of entree, up to three (3) vegetable side dishes, one (1) fruit side dish and choice of milk. Milk choices are fat free chocolate, fat free strawberry and skim white milk. Students not taking at least one serving of fruit or vegetable will be charged ala carte prices.

Questions or comments? Please call Kristie Long, Chartwells Director of Dining Services at (231) 788-7321 or email @ [klong@oakridgeschools.org](mailto:klong@oakridgeschools.org).

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